



RESTORING HOPE
TRANSFORMING COMMUNITIES

ANNUAL NEWS LETTER | 2023

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About Us

We are a company limited by guarantee, committed to the service to humanity in primary and secondary schools, Tertiary institutions, Universities, Prisons, War victims, Refugee camps and their host communities, Churches and Mosques, networking and partnering with other stakeholders in the field of professional counselling, holistic transformation and empowerment, with URSB registration number 80020003333341 and TIN number 1030570756.

VISION:

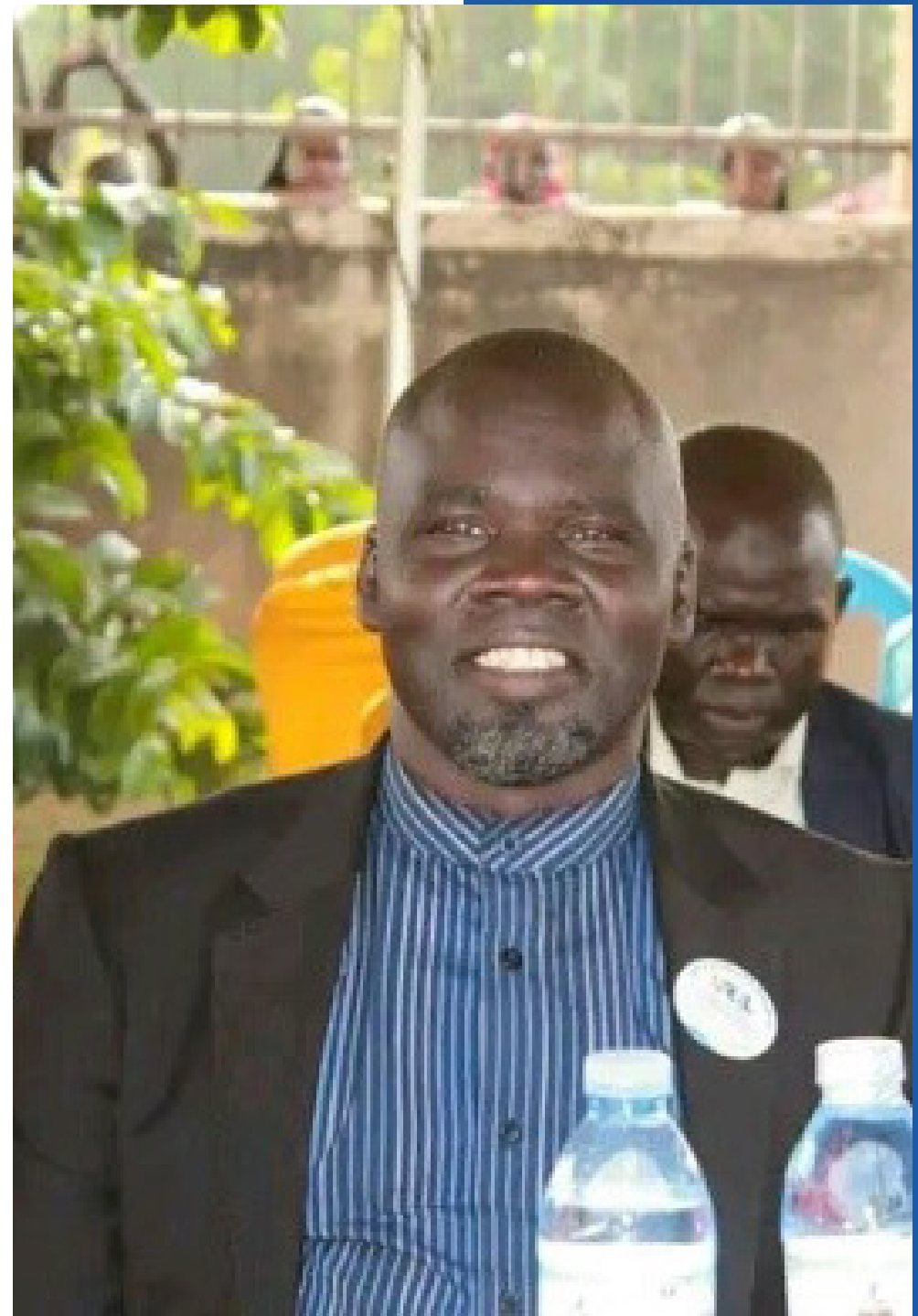
A psycho-socially healthy people rebuilding their communities.

MISSION:

Healing and restoring nations through building practical hope and faith for a healthy holistic wellbeing for rebuilding communities.

CORE VALUES

- Godliness
- Honesty
- Confidentiality
- Commitment
- Excellence
- Hard work



We at Voice Of Restoration International Limited, we offer;

- Mental health awareness, counseling and psychosocial support programs
- Crisis and Trauma healing and management.
- Training and capacity building
- Positive parenting skills.
- Mentoring programs.
- Relationship and marriage counseling
- Alcohol, Drug addiction and rehabilitation programs.
- Mindset change programs.
- Child protection
- Conflict resolution and management.
- Gender Based Violence prevention.
- Research and publications
- Financial literacy trainings.

We wish to report that based on our 2023 work plan, we have seen tremendous work done as well as lots of challenges as seen in the table below.

S/NO	OBJECTIVES	ACTIVITIES	PERSON RESPONSIBLE	STATUS
01	To provide conducive space for Counselling and office space for different officers	Construction of Counselling rooms and administration block	DIRECTORS, MANAGEMENT AND THE BOARD	We have been un able to construct both counseling and administration block but we have been housed in Anyafio near Anyafio Primary School by NAC at CSO hub where we provide counseling sessions for our clients.
02	To provide regular accountability for all organization funds and resources	Produce all necessary books of accounts for records and accountability purposes	DIRECTORS, MANAGEMENT AND THE BOARD	All books of accounts are in place with clear financial policy and active bank account

S/NO	OBJECTIVES	ACTIVITIES	PERSON RESPONSIBLE	STATUS
03	To create more awareness of our services in the communities of West Nile	Radio and TV programs, community outreach programs	DIRECTORS, MANAGEMENT AND THE BOARD	<ul style="list-style-type: none"> We have been able to run programs on radio and television. We have been able to carry out mental health awareness campaigns on UBC TV, Radio Pacis Arua, Spirit Fm koboko, Voice of madi in madi okollo and Voice of life fm-Arua.
04	<ul style="list-style-type: none"> To ease facilitation of Counselling process To enhance proper documentation and filing of documents 	Purchase of digital camera (canon) office stationery (box and paper files, printing papers, pens, flip charts, marker pens, office glue, masking tape, ...)	DIRECTORS, MANAGEMENT AND THE BOARD	We haven't purchased a camera due to lack of funds but the rest of the office stationery is in place
05	<ul style="list-style-type: none"> To encourage self-study and research To provide relevant resources for referencing 	<ul style="list-style-type: none"> Purchase of both Counselor's and Clients' resource books Produce manuals that are customized to cater for the needs of the people of West Nile and Uganda at large. 	DIRECTORS, MANAGEMENT AND THE BOARD	Research and publications are ongoing especially working with different national and international professional bodies but to customize to fit the needs of our people.
06	To provide content area for Counselling process	Purchase of a complete set of books for all holistic capacity building	DIRECTORS, MANAGEMENT AND THE BOARD	So far few manuals in place as we look out for more

S/NO	OBJECTIVES	ACTIVITIES	PERSON RESPONSIBLE	STATUS
07	To facilitate secretarial works in the office	Purchase of two computers and computer accessories, printer (two printers, extension cables, flash discs, modem...)	DIRECTORS, MANAGEMENT AND THE BOARD	Unable to purchase computers and accessories due to inadequate funds
08	To motivate and encourage the staff	Prompt Payment of staff salaries	DIRECTORS, MANAGEMENT AND THE BOARD	It's hard to have fulltime staff due to lack of funds.
09	To facilitate ease and timely transmission of information	Communications (air time, internet, correspondences...)	DIRECTORS, MANAGEMENT AND THE BOARD	Catered for
10	To ease the official movements	Purchase of one Big Car and 6 Motorcycles	DIRECTORS, MANAGEMENT AND THE BOARD	No means for official movements due to lack of funds.
11	To provide good facilities for sitting, writing and keeping documents	Purchase of tables, chairs, desks, cupboards	DIRECTORS, MANAGEMENT AND THE BOARD	We failed to procure furniture though we are using one of NAC
12	Increase visibility	Pull up banners, brochures, adverts, radio Talk shows, radio announcements , posters,	DIRECTORS, MANAGEMENT AND THE BOARD	All in place
13	To ensure quality in services	Professional Recruitment of staff	DIRECTORS, MANAGEMENT AND THE BOARD	The volunteers are professionals in different fields who ensure quality services are offered
14	To legally own land	Leasing of the Organization land	DIRECTORS, MANAGEMENT AND THE BOARD	Lack of funds has limited us to acquire the planned land.

KEY HIGHLIGHTS FOR THE YEAR 2023.







School outreach programs. We reached over 20,000 students in primary, secondary, tertiary institutions and Universities in West Nile and Masaka for mental health awareness, counseling, guidance and career talks.

100 people reached out for one on one counseling both in our office premises and out of the office.



Every Thursday, we engage inmates of Arua Main Prisons both women and men sections.



Mental health awareness campaigns on radios, tvs. We engaged on UBC, Bethany TV, Radio Pacis Arua, Spirit Fm koboko, Voice of Life and Voice of Madi in Madi Okollo.





Monthly Mental health support group meetings at our office every third Saturday of the month



Community dialogues on alcohol, drug and substance abuse especially on the dangers and how community can eliminate such.







Mental health awareness, Training and capacity building programs for religious leaders and congregations



Attended and presented a paper during the 2nd National Mental Health conference in Bugolobi Kampala on impact of stigma in accessing men-tal health services in West Nile. And Uganda cancer and palliative care conference at speke resort Munyonyo







Mental health Awareness, counseling and psychosocial support for Uganda Prisons staff of West Nile and South Eastern regions

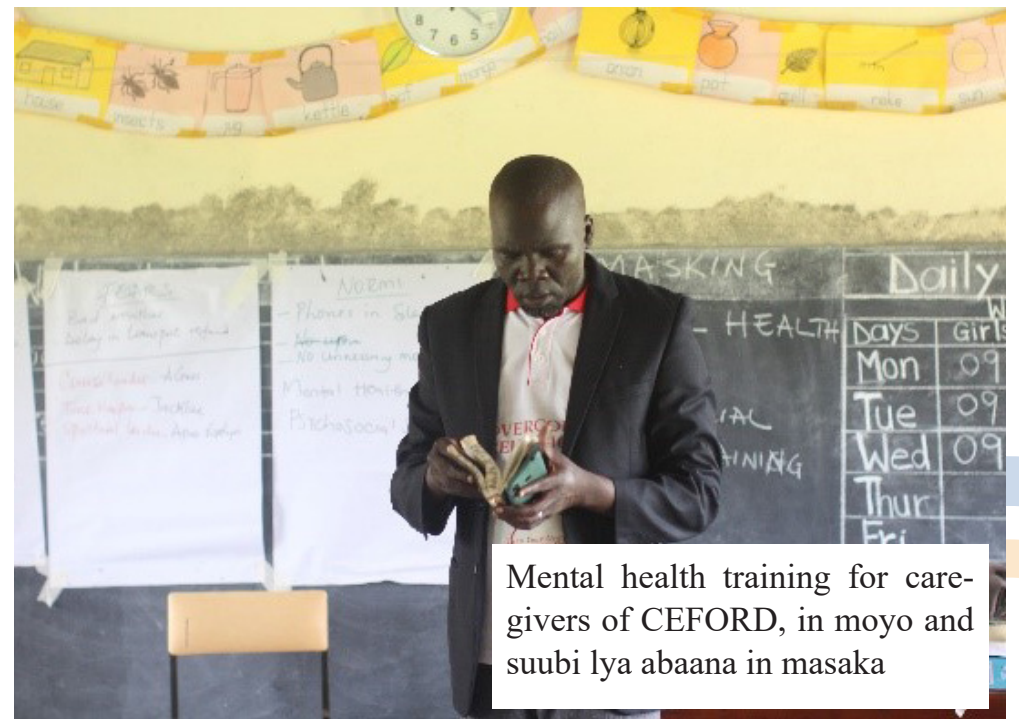




Mental health awareness, counseling and psychosocial support for compassion projects of Ajeri cdc, olia cdc, otubanga cdc, adhingi cdc, abiriambati cdc, all in westnile



Mental health screening for compassion children 4 year to 11 in otubanga cdc in obongi and adhangi cdc in Zombo



Mental health training for caregivers of CEFORD, in moyo and suubi lya abaana in masaka

DIVYA KARUNA ORGANIZATION
PRESENTS
AN ONLINE SESSION ...

IMPACT OF REJECTION ON MENTAL HEALTH & HOW TO OVERCOME IT?

DRILEBA DRATIBI DANIEL
GUEST SPEAKER
Founder & Managing Director @ Voice of Restoration International Limited,
Author, Mental Health Advocate,
UGANDA, EAST AFRICA.

02:00 PM EAT
04:30 PM IST
JAN. 26TH
THURSDAY

To join Us Live kindly Visit:
YouTube LIVE
Divya KARUNA Organization

FOR MORE INFO, +91 8874859295/samyak@divyakaruna.org

Weekly Mental Health Dialogue
1st Edition
Introduction To Mental Health

Joanne Mukasa
Psychologist
Presenter
Dr. Martin Bakundana
Director At LEM MINDFULNESS

Daniel D Dratibi
Key Speaker

Host Kyarimpa Rose
Professional Counselor

18th October 2023 8:00 Pm
Via Google Meet

Twitter Spaces

Topic:
FOSTERING WELLNESS IN GBV ADVOCACY (MENTAL HEALTH).
@actionaiduganda

MODERATOR:
Hellenah Okiring Oketcho
Mental Health & Substance Use Disorder Counsellor

Date: 7th December 2023
Time: 7:00pm - 8:00pm

act:onaid

PANELIST:
Daniel Drileba Dratibi
Founder & Managing Director
Voice of Restoration International

PANELIST:
Alice Iwelo
Psychosocial Support Officer
Kumi GBV Shelter

PANELIST:
Francis Otukei
Medical Counsellor
Komamboga Health Centre

#16DaysOfBlack #OrangeUrHood
#16Days #EndGenderBasedViolence

ALL SAINTS' CATHEDRAL, KAMPALA COUNSELLING MINISTRY
invites you to a
YOUTH SEMINAR

Theme:
MENTAL HEALTH & HOW IT AFFECTS RELATIONSHIPS

Speakers:
Drileba Dratibi Daniel
Rev. Richard Musinguzi

Saturday, 30th September 2023
8:00am - 1:00pm (EAT)
Venue:
All Saints' Cathedral, Kampala, Teens' Tent

www.allraind Kampala.org

BETHANY TV

Guest:
Drileba Dratibi Daniel
Mental Health Advocate

BEHOPEFUL

Wednesday, 30 Aug
9:00 AM

GOtv 841 | FREE TO AIR 170

Sunday 27th Aug 2023

God Is Calling
On Radio Pacis 94.5FM

Time: 3-4 PM
TOPIC
IMPACT OF REJECTION ON MENTAL HEALTH

#PeaceOfChristForAll

Host: Godwin Abedican

Guest: Daniel Drileba Dratibi
Mental Health Advocate

For your submissions or participation
Call: 0393273232 or 0701887706 SMS: 0788956494

Topic: Mental Health Wellness goals.



Guest Speaker: Njeri Ndaru, Psychologist.

Date: 26th/01/2023

Time: 7:30PM



Guest Speaker: Christine Ombima Founder Stand out 4 Mental Health



Host: Angela Nsimbi Mental Health Activist and Author.

Google mint.

<https://meet.google.com/qzr-juxy-dty>



NB: Videos for online and physical sessions and other programs can be got through YouTube and Facebook –
DRILEBA DRATIBI DANIEL.



Elders dialogue meeting



Elders dialogue meeting



Mental health awareness at bombblast memorial park Nairobi



**UNMASKING MENTAL HEALTH
FOR PRIESTS OF MAHAGI NIOKA
DIOCESE, ITURI PROVINCE AT
UGONJO ON 17 AUGUST 2023.**

**FACILITATED BY
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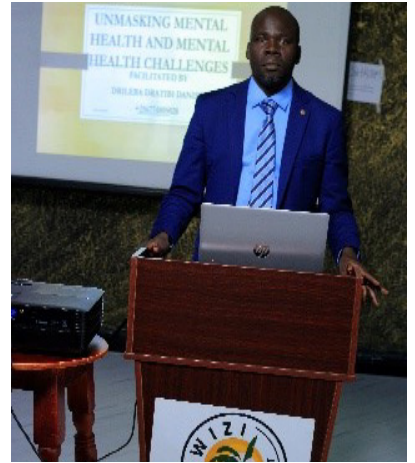


Mental health awareness and psychosocial support for the catholic priests of Mahagi Nioka catholic Diocese in Congo



Mental health training for catechists and zone leaders of Ariwara Catholic Parish, in Congo





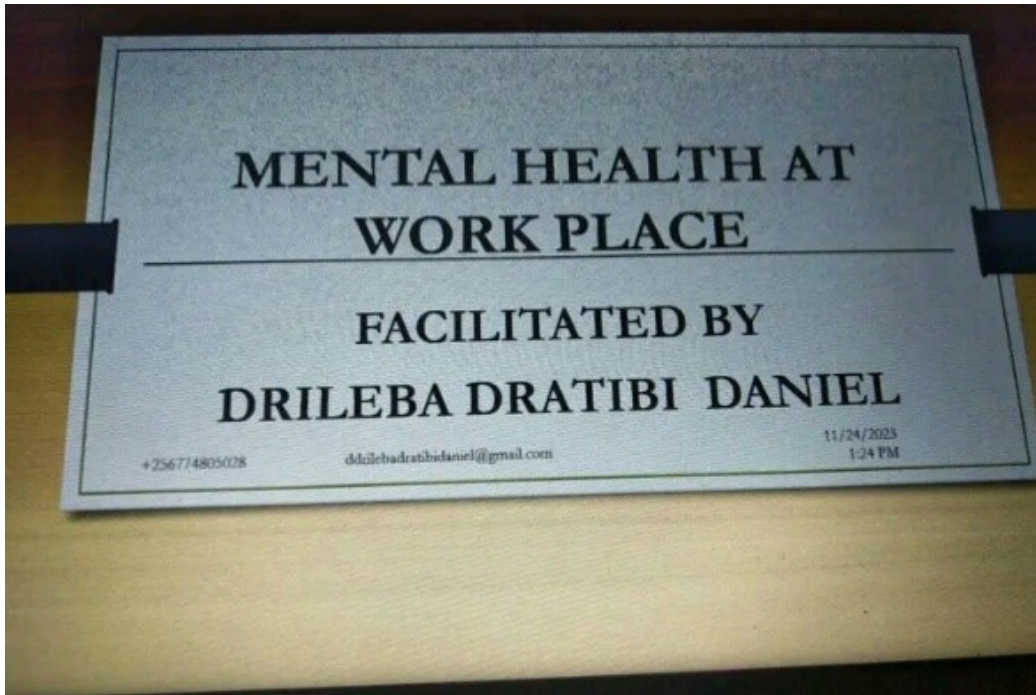
Mental health awareness and psychosocial support for the staff of Ebo Sacco in Bwizi.



Mental health awareness during End of year staff party for Aringa SS in Yumbe The video is available on You tube – DRILEBA DRATIBI DANIEL



Mental health awareness during End of year staff party for Arua Public SS in Arua. The video is available on You tube –
DRILEBA DRATIBI DANIEL





MAKERERE UNIVERSITY
BUSINESS SCHOOL
 MUBS - ARUA CAMPUS



MUBS - ARUA ENTREPRENEURSHIP CLUB (MEC)

Topic: Mental Health, Thriving Amidst Crisis as a Student



Director

Ms. Gladys Angundaru

- Physical
 - Online



Mon. 20th Nov 2023
 10am - 12pm



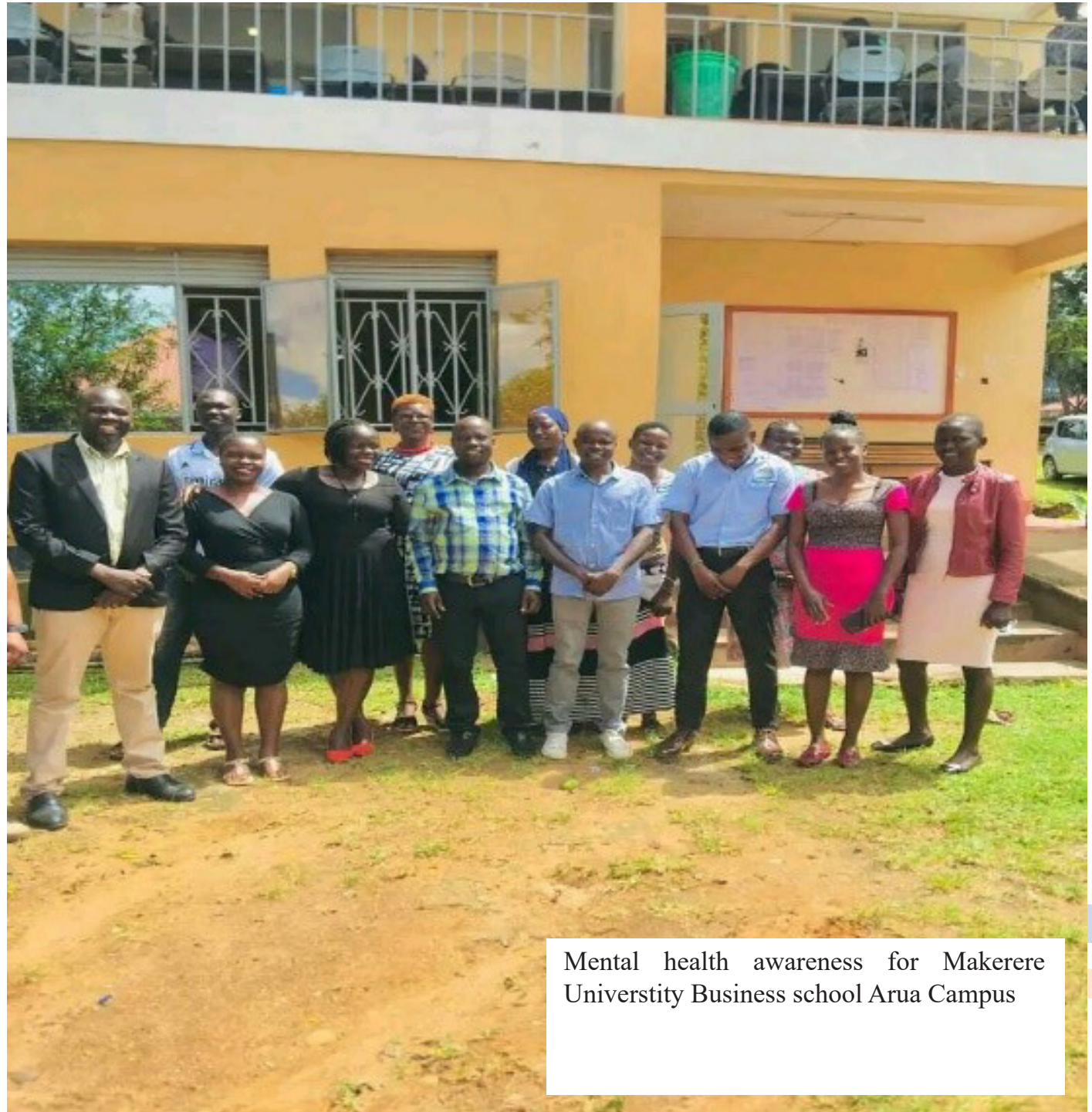
Guest Speaker

Daniel Dratibi Drileba



Host

Siraji Ciriga PRO

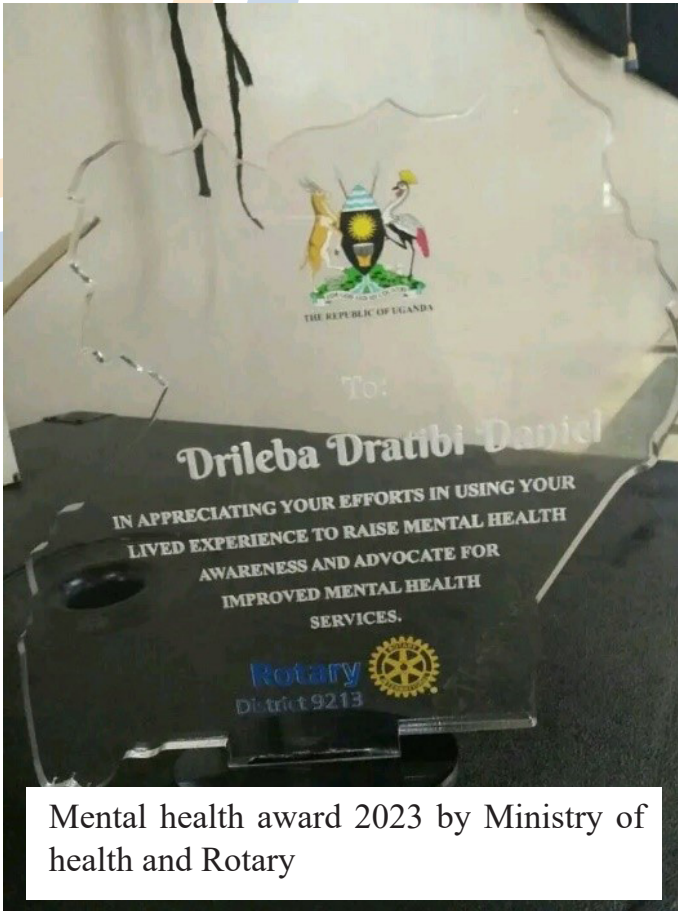


Mental health awareness for Makerere University Business school Arua Campus

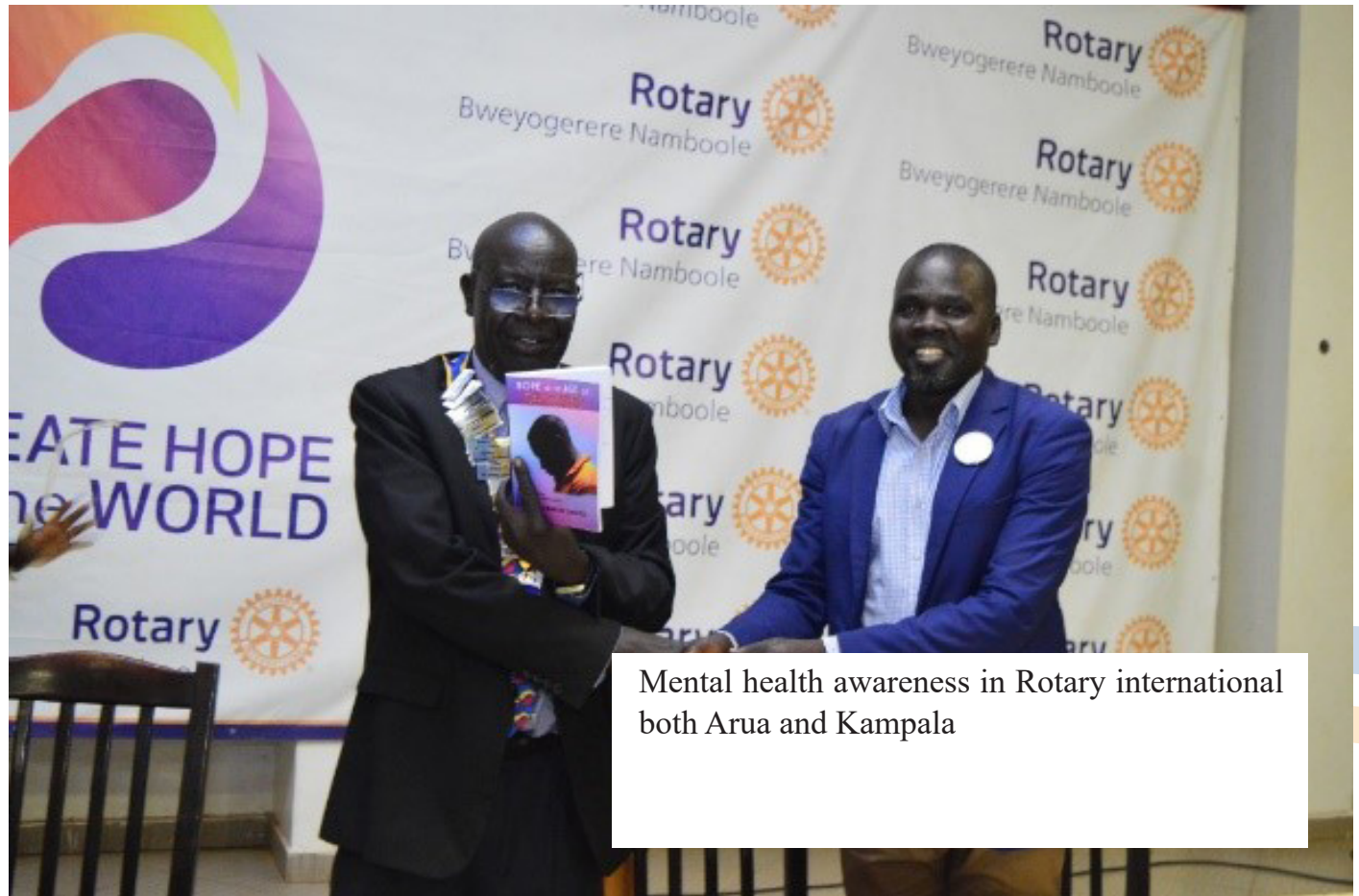
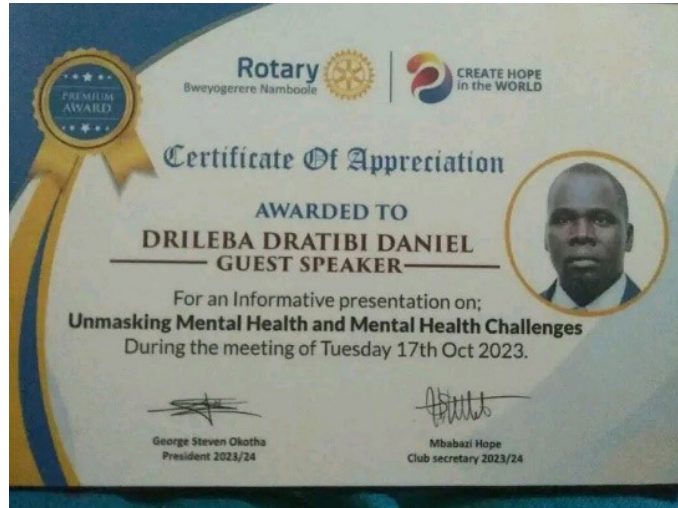




Mental health awareness for Muni University Guild council and freshers orientation



Mental health award 2023 by Ministry of health and Rotary



Mental health awareness in Rotary international both Arua and Kampala

CHALLENGES AND LESSONS LEARNT.

As a young organization, we have inadequate resources since we have no funding for mass mental health awareness campaigns, the target groups could not be adequately reached as desired. We have learnt that the only way out is through partnerships. We were able to partner and in some cases volunteer to work with other organizations so as to reach the desired group of people.

West Nile is a wide region 12 political districts and Arua city making it 13. Lack of transport means (motorcycles and vehicles) makes movement hard since public transport is costly to traverse the area. Through friendships and partnerships, we have been able to move to some of the areas though at the mercy of the other partners. Meaning we have to wait for them when they are moving in that direction or when they are free so we can borrow their motorcycles or vehicles to use. It's an inconvenience though. Many times I have reached out to friends to help us reach out in terms of transport. Some have really helped us though for others it's been an inconvenience.



Few volunteers since our work is on voluntary basis. In most cases we only engage some of them when there are available funds to offer services of their expertise.

PLAN FOR 2024.

1. Partnership and capacity strengthening in
 - Identity and governance
 - Strategy and planning
 - General management
 - External relations and partnerships
 - Sustainability
 - Organizational learning
 - Human resource management
 - Financial and physical resource management
 - Programming, service and results
 - Gender equality integration
2. Lobbying for funds (fund raising, proposal writing)
3. Creating Mental health chapters in the institutions within West Nile.
4. Training of religious and cultural leaders on mental health.
5. Start a rehabilitation and recovery home in Arua.
6. Mental health advocacy and awareness for Police force on mental health awareness, counseling and psychosocial support.
7. Engaging the Uganda Prisons staff on mental health awareness, counseling and psychosocial support.
8. More engagements in schools, prisons, community dialogues, refugee camps and host communities.
9. More community based mental health awareness campaigns.
10. More trainings and capacity building for both our team and other partners who come along.
11. Book launch and mental health awareness campaign 15 may 2024
12. Teens mentorship camp (Boys only) (P7, S4, and S6 leavers) in Arua

APPRECIATION.

- We are thankful to the government of Uganda and Ministry of health for having granted us the platform for implementing our programs more especially Arua City Authorities and all the district local government officials in Uganda who have given us the platform to be of service to our people.
- Much appreciation also goes to the stake holders in DR Congo especially the religious fraternity of Mahagi Nioka Catholic Diocese for allowing us to create awareness on mental health to the priests and catechists.
- We thank our clients who dedicatedly trusted and used our services.
- We thank the management of **Muni university** and **MUBS** Arua Campus, **Head teachers** of the various primary and secondary schools in West Nile who have allowed us to engage the different stakeholders on issues of mental health.
- We also appreciate all the organizations and partners who engaged us in one way or another such as **Compassion international, Action Aid Uganda, Centenary Bank-Koboko Branch, Suubi Lya abaana-Masaka,**
- We thank Uganda Prison Service for dedicatedly accepting to use our services.
- We thank the Media houses such BETHANY TV, UBC, FAMILY TV, HOST TV, RADIO PACIS, ARUA ONE FM, VOICE OF MADI, VOICE OF LIFE, SPIRIT FM KOBOKO hosting us on talks related to family, mental health, alcohol, drug and substance abuse among other topics,
- We thank the various Religious groups (The Catholic church, Church of Uganda, Moslem community, Pentecostal Churches) for allowing us to be of service in the field of mental health awareness, counseling and psychosocial support for their congregations.
- We are indeed honored by the individuals who prayed, counseled, collaborated and supported us so far. Thank you so much for the support.
- We are thankful to the various **CSOs and WECISNET** for the collaborations. Indeed, there is power in synergy. Together we can.
- Personally, I appreciate all our staff who have given their best even when resources were limited. Thank you

We are looking forward to more collaborations in the year 2024.

Happy New Year 2024.

DRILEBA DRATIBI DANIEL

EXECUTIVE DIRECTOR

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